



## SERVICES & PROGRAMS

### Initial Consultation

90 minute assessment

Plus a Digital Body Analysis (BIA) to determine the best treatment method

\$185.00

### Follow-up with Digital Body Analysis (BIA)

One hour appointment

\$75.00

### 12 Week FirstLine Therapy Lifestyle Change Program\*

Includes initial 90 minute consultation

Six 1 hour follow-up appointments with Digital Body Analysis (BIA)

Two 30 minute support phone sessions

First Line Therapy Lifestyle notebook

Food journal

Customized food plan

Educational materials

\$650.00

\*Does not include the cost of nutritional supplements

### Detoxification Programs

Featuring high-quality Metagenics Nutritional Supplements

#### 10 - Day Detoxification Program

#### 21 - Day Detoxification Program

#### 28 - Day Detoxification Program

*\*All fees are subject to change without notice*